



WAVERLEY ABBEY C of E JUNIOR SCHOOL

Headteacher: Ms K Redman

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30 March 2017

Dear Parents

Year 3 Swimming Reminder

As you are aware the children will resume swimming lessons during their PE lesson, from next term (see below for days and times). The children will need to bring both their **swimming kit and their PE kit** in case we are unable to swim. We swim in all weathers, except thunderstorms or if very cold.

Class	PE/Swim
3LA	Monday
3EJ	Wednesday
3SS	Tuesday
3CW	Friday
3AF	Monday

Swimming kit:

Costume/trunks, swim hat, big towel and flip-flops (all named).

Girls must wear **simple one-piece costumes** and boys need **trunks or tight fitting shorts**, not loose shorts, as these are not safe in a small pool and hinder swimming. If your child has long hair, a small towel is useful to put over shoulders after swimming.

Please name everything and put in a named **waterproof bag** (a plastic carrier bag will do).

Goggles

We do not encourage the use of goggles as it is an important life skill to be able to swim without them. However, if they are needed for a specific medical reason, please send in a note to the class teacher; goggles must be named, they are easily lost or broken and remain the child's responsibility.

Hair & Jewellery

Long hair must be tied back off the face (boys as well as girls) and a swimming hat must be worn.

No jewellery may be worn for swimming, PE or games, including ear studs. If worn, a child must be able to remove ear studs unaided. It is much easier if children do not wear jewellery to school.

Changing

The children change in the changing rooms. As all clothes are removed it is vital that **every item of clothing is named**. The children will have a warm shower after swimming but shampoo is not needed.

Thank you for your support.

L. Aspinall

Mrs L Aspinall
Head of Year 3