

Twelve15 Egg Free Menu Spring Summer 2021



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week One	French bread pizza with oven baked oregano wedges V	BBQ chicken fillet with rainbow rice	Roast British gammon with roast potatoes & gravy	Loaded beef burger in high fibre bun with spicy wedges	Breaded pollock fillet with curly fries
	Sweetcorn Broccoli florets	Peas Spring salad	Broccoli florets Baton carrots	Grated carrot	Peas Sweetcorn
	Apple puree filled flapjack V	Fresh fruit salad with crème fraiche V	Yoghurt selection V	Jam & coconut shortbread V	Vegan chocolate & beetroot brownie V
Week Two	Spring vegetable pide with country style potatoes V	Mediterranean pork meatballs with rice	Roast British chicken with sage & onion stuffing, roast potatoes & gravy	Organic beef bolognese with pasta	Fishwich sub with oven baked chips
	Peas Carrots	Sweetcorn Peas	Sliced green beans Carrot roundels	Spring salad with homemade baked croutons	Peas Baked beans
	Summer fruit crumble with custard V	Mixed melon salad with citrus drizzle V	Yoghurt selection V	Citrus shortbread V	Vegan chocolate & beetroot brownie with chocolate V
Week Three	2 Cheese homemade vegetable pizza with jacket wedges V	Chicken & butternut curry with rice	Pulled pork & gravy with roast potatoes	Lincolnshire Pork Sausages with Potato Waffles	Pollock fish or salmon fish fingers with spicy wedge s
	Cucumber sticks	Green beans Peas	Carrot batons Spring greens	Broccoli florets Sliced carrots	Peas Baked beans
	Jam & coconut shortbread V	Cheese & biscuits with apple slices V	Yoghurt selection V	Rainbow jelly & crème fraiche with watermelon slice* V	Butterscotch cookie with drink of milk V