



Remote learning – information for parents

In these uncertain times, we acknowledge that at any time we may have pupils learning in school or at home. Our pupils may be at home isolating whilst waiting for a Covid test and subsequent results, as a result of test and trace, while their year group bubble is sent home to self-isolate or in the event of a local or national lockdown. We want all our pupils and families to remain safe and well and if families are required to remain at home we also hope you will be able to continue with supporting learning from there. During the last national lockdown we made effective use of Purple Mash and learning delivered by email as well as hard copies too, if requested. Should you child/ren be at home while other pupils are still in school we will again deliver learning in these ways.

You will find further information in our Remote Learning Plan and Remote Learning Policy

How to manage Home Learning when your child is well

1. Start the day properly: get dressed and have breakfast.
2. Create a timetable and stick to it. Routine is very important for all of us.
3. Make sure your timetable includes breaks and time for play. Try have breaks in the fresh air even if it's by an open window.
4. If your child is accessing work on Purple Mash make sure they login every day and E mail their work back to school.
5. You should build in time for some physical exercise. We have scheduled two PE sessions a week in line with the expectation at school, however your child will need regular movement breaks and exercise every day. The Body Coach, Joe Wicks has video sessions on YouTube. If your child finds it difficult to calm down after this kind of activity, try mindful colouring (you can download colouring pages from many websites) and listening to calming music for 15 minutes.
6. At the end of the day, reflect on all the positive things your children have achieved and praise them for it. Share it with family, friends and teachers.
7. You can send us photos of your home learning successes. We will respond to all learning sent in.

Other tips:

- Mental health is extremely important. Listen to your children and remember the importance of fun and creative activities. Young Minds website has some tips for parents.
- Stay properly hydrated through the day - drink lots of water.
- It's important to stay connected with family and friends, but social media and on-line gaming should be limited and closely monitored. Make sure you have appropriate privacy settings on your child's devices.
- As well as work being provided by school, there are lots of resources being shared by other parents. The BBC has expanded its educational offer and you can access age appropriate work for your child on the Oak National Academy site via this link <https://www.thenational.academy/>
- This is a really great time to read some books and share the stories with your children.

Useful resources:

- The Big List of Children's Book Authors Doing Online Read Alouds & Activities:
https://www.weareteachers.com/virtual-author-activities/?utm_content=1584565321&utm_medium=social&utm_source=facebook
- Maths Third Space online:
<https://tsl-static.s3.eu-west-2.amazonaws.com/assets/documents/Accessing+Resources+from+Home+Doc+1+.pdf>
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- World eBooks: The website has made all its online books and audiobooks free to read <https://worldbook.kitaboo.com/reader/worldbook>
- **UR Brainy: Maths Home Study Packs:**
Register for a free trial and download: urbrainy.com
- The TES has produced a list of 150 websites supporting home learning ranging from museums to zoos. <https://www.tes.com/news/coronavirus-free-resources-home-learning>

Internet safety or safeguarding Concerns

If you have any concerns relating to online issues or want to talk to someone within school regarding safeguarding matters please either contact the school via info@waverley-abbey.surrey.sch.uk or dsl@waverley-abbey.surrey.sch.uk