



Waverley Abbey School

All things are possible for one who believes. Mark 9:23



HEADTEACHER'S UPDATE

This week's worship theme – Love

For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.

John 3:16

The final two weeks of the spring term have been exceptionally full. Last week children and parents had the opportunity to watch the Year 4 production which was absolutely brilliant! It was lovely to try something new and the children embraced the theme of celebrating difference, knowing that we are all unique. Well done to all involved.

It is unusual to be in school for Holy Week, but we have enjoyed celebrating this in our collective worship. On Monday, Rev Sandy, Mr Price, Mr Noble and I lead our worship reflecting on Palm Sunday. On Tuesday, we held our yearly pause day which is a chance to look at the Easter story in more detail through art, drama and PSHCE as well as RE. Today, the children have thought about Maundy Thursday as well as looking ahead to Good Friday. Rev Sandy also showed the children what happened at the last supper and the children learned that this was the first Holy Communion.

Many thanks for your support for our Easter Eggstravaganza today. Those who wanted to be involved, have all got an egg to take home for Easter. Farnham Lions also gave us some larger prizes too. Well done to all our winners!

Learning Support Assistant role: Next term, we are still looking to recruit a learning support assistant to join our team. The job is term time and can be part or full time. If you have a GCSE or equivalent in

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28th March 2024

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English and maths and enjoy supporting children, please have a look on the school website where further details can be found.

OFSTED: We warmly welcome parents to fill in the 'parent view' survey which can be found using the link below. <https://parentview.ofsted.gov.uk/>. This year (so far) we have only had one parent give their views! If you have 5 minutes and could spare the time, it would be lovely to receive positive feedback as all responses are shared with us.

Music Works: Last week the lower school was able to enjoy a 'gig' performed by those children learning with Music Works. It was fantastic to watch the children perform (most of whom are still relatively new to music tuition). I was astounded at their progress and their confidence to get on stage – the playing was absolutely superb. The audience enjoyed songs such as 'All the small things' by Blink 182 and 'Dance Monkey' by Tones and I. For those inspired, there is a flyer attached as there are spaces in keyboards, drums and guitar for tuition from the summer term onwards.

May I take this opportunity to wish all of our families a safe and restful Easter break. I am already looking forward to the exciting learning and enrichment that the Summer Term will bring!

Mrs Rebecca Marshall

Medication in School

If you think your child may need Calpol or other medication during the school day, this must be provided by parents, together with a completed 'Pupil Medication Request' form and details of any medicine already administered that day.

Calpol kept in school is for emergency use only, ie. if a child becomes unwell during the day.

We thank you for your co-operation with this.

WA Challenge Help Needed

Do you know anyone inspirational who would be able to attend and help to hand out certificates at our Year 6 Waverley Abbey Presentation evening on Thursday 27th June?
If so, please contact Miss Brett through the office.

Also, as part of the Year 6 Waverley Abbey Challenge, we take part in a 10 mile walk to Frensham Ponds in the Summer term. I am in need of helpers who have an up-to-date DBS with the school, who would be willing to accompany a group of children on their walk. The date is Wednesday 19th June with a reserve date of Monday 24th June if the weather is poor. If you have an up-to-date DBS with the school and are up for a scenic walk, please let Miss Brett know through the office.

Summer Uniform and Clip-on Ties

After the Easter break, children are welcome to return to school in their summer uniform.

We now have clip on ties available to buy via SCOPay at £4.75 each.

Shots Football Club

Shot Football will no longer run on Tuesday 21st May. Please see the attached flyer which has been updated. If your child would like to join Shots Football, please click the link below.

<https://www.participant.co.uk/register/WaverleyAbbeySummer>

Artbox

Artbox are running an workshop over Easter, please click the attached link for further information.

<https://farnhammaltings.com/events/artbox-easter-workshop>

Summer Term Swimming

After Easter all year groups will be swimming (timetable below). Please make sure children have both their swimming kit and PE kits in school, in case we are not able to use the pool.

Monday	4LH, 5AD, 5EW and 5SB
Tuesday	3VC, 4OK and 5RC
Wednesday	3CC, 6EW, 6LB and 3LH
Thursday	4LS
Friday	3AH, 4CE, 6HD and 6SW

2024-25 Academic Year Inset Days

Monday 2nd September 2024

Tuesday 3rd September 2024 (new Year 3 children attend the afternoon session)

Monday 4th November 2024

Monday 24th February 2025

Friday 23rd May 2025

Diary dates for Spring Term 2024

March 2024

Thursday 28th	Easter Egg Raffle Last Day of Spring Term - Early Finish
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April 2024

Monday 15th	INSET Day
Tuesday 16th	Start of Summer Term Year 4 Bikeability Begins
Thursday 25th	NEW DATE - FOWA U Film Night - 3.30pm-5pm
Friday 26th	NEW DATE - FOWA PG Film Night - 3.30pm-5pm
Monday 29th	Year 3 - Wisley Trip



Spotlight on: Keeping children safe online

Over the Easter Break, it is likely that children will be spending more time online. Whilst the online world offers a great deal of entertainment and information for children, it does come with risk.

Here are some top tips for helping children stay safe online:

1) Talking regularly with your child is the greatest tool to help keep them safe online. Talking regularly and making it part of daily conversation, like you would about their day at school, will help your child feel relaxed. It also means when they do have any worries, they're more likely to come and speak to you.

2) Manage the amount of time your child is online. Balance it with other activities that are away from a screen.

3) Set up parental controls to block any up-setting or inappropriate content. Information about setting up parental controls can be found here: <https://www.nspcc.org.uk/keeping-children-safe/online-safety/#advice>

4) Give your child the strategies they need in case something concerning happens whilst they are using their device. This could be to lock the screen and tell an adult, to make a report to the platform they are using, or to block the user.

5) Talk to your child about how they communicate online and remind them that anything they put online, whether it's via What's App, Instagram, TikTok or YouTube, can be shared widely. Is what they are sharing kind? True? Helpful? Safe?

If you have any concerns about a child's welfare or safety, please speak to a member of the schools safeguarding team or E mail dsl@waverley-abbey.surrey.sch.uk

DSL - Ms Debs Morris

Deputy Designated Safeguard Leads

Mrs Rebecca Marshall

Mrs Rachel Parker Swann (HSLW)

Miss Lina Haines

Mrs Amy Hilyard

Ms Emma Whitehouse (Office Team)

UK Chief Medical Officers' advice for parents and carers on Children and Young People's screen and social media use

Technology can be a wonderful thing but too much time sitting down or using mobile devices can get in the way of important, healthy activities. Here are some tips for balancing screen use with healthy living.

Sleep matters Getting enough, good quality sleep is very important. Leave phones outside the bedroom when it is bedtime.		Sharing sensibly Talk about sharing photos and information online and how photos and words are sometimes manipulated. Parents and carers should never assume that children are happy for their photos to be shared. For everyone – when in doubt, don't upload!	
Education matters Make sure you and your children are aware of, and abide by, their school's policy on screen time.		Keep moving! Everyone should take a break after a couple of hours sitting or lying down using a screen. It's good to get up and move about a bit. #Jiffymovemore	
Safety when out and about Advise children to put their screens away while crossing the road or doing an activity that needs their full attention.		Talking helps Talk with children about using screens and what they are watching. A change in behaviour can be a sign they are distressed – make sure they know they can always speak to you or another responsible adult if they feel uncomfortable with screen or social media use.	
Family time together Screen-free meal times are a good idea – you can enjoy face-to-face conversation, with adults giving their full attention to children.		Use helpful phone features Some devices and platforms have special features – try using these features to keep track of how much time you (and with their permission, your children) spend looking at screens or on social media.	

What children need to know about ONLINE BULLYING

Why does it happen?
 GOING ONLINE MAKES IT EASIER FOR PEOPLE TO SAY AND DO THINGS THEY PROBABLY WOULDN'T DO FACE TO FACE. ONLINE BULLIES DON'T GET TO SEE THEIR VICTIMS' REACTIONS IN REAL LIFE, SO THIS CAN COOGE THEM FROM THE REAL DAMAGE THAT THEY ARE DOING. QUOTE OFTEN, PEOPLE BULLY BECAUSE THEY ARE GOING THROUGH SOMETHING DIFFICULT THEMSELVES AND TANGING IT OUT ON OTHERS IS THE ONLY WAY THEY KNOW HOW TO GET CONTROL OF THEIR OWN EMOTIONS.

How does it feel to be bullied?
 BEING BULLIED CAN IMPACT ON YOUR SELF-ESTEEM, CONFIDENCE AND SOCIAL SKILLS. BECAUSE IT HAPPENS ON YOUR PHONE, TABLET OR COMPUTER, IT CAN FEEL LIKE YOU ARE UNDER THREAT EVEN WHEN YOU'RE IN A SAFE ENVIRONMENT, SUCH AS YOUR BEDROOM. DON'T FORGET...IT IS NOT YOUR FAULT IF YOU'RE BEING BULLIED.

Am I an online bully?
 SOMETIMES IT ISN'T OBVIOUS THAT WHAT YOU ARE DOING IS WRONG, BUT IF YOU USE DIGITAL TECHNOLOGY TO UPSET, ANGER OR EMBARRASS SOMEONE ON PURPOSE, THIS MEANS YOU'RE INVOLVED IN ONLINE BULLYING. IT MIGHT BE AS SIMPLE AS 'LIVING' A MEAN POST, LAUGHING AT AN ONLINE VIDEO, OR SPEAKING A HARSH WORD. BUT THE PERSON BEING BULLIED COULD FEEL LIKE THEY ARE BEING GANGED UP ON. THINK ABOUT HOW IT WOULD MAKE YOU FEEL IF IT HAPPENED TO YOU. EVERYONE CAN MAKE MISTAKES, BUT IT'S IMPORTANT TO LEARN FROM THEM – GO BACK AND DELETE ANY UPSETTING OR NASTY POSTS, TWEETS OR COMMENTS YOU'VE WRITTEN.

Who do I tell?
 YOU DON'T HAVE TO DEAL WITH THE BULLYING ON YOUR OWN. TALK TO AN ADULT THAT YOU TRUST – A PARENT, GUARDIAN, OR TEACHER. MOST WEBSITES, SOCIAL MEDIA WEBSITES AND ONLINE GAMES OR MOBILE APPS LET YOU REPORT AND BLOCK PEOPLE WHO ARE BOTHERING YOU. YOU COULD ALSO CONTACT CHILDLINE (WWW.CHILDLINE.ORG.UK), WHERE A TRAINED COUNSELLOR WILL LISTEN TO ANYTHING THAT'S WORRYING YOU – YOU DON'T EVER HAVE TO GIVE YOUR NAME.

How do I prove it?
 WHEN CYBERBULLYING HAPPENS, IT IS IMPORTANT TO DOCUMENT AND REPORT THE BEHAVIOUR, SO IT CAN BE ADDRESSED – RECORD THE DATES AND TIMES WHEN CYBERBULLYING HAS OCCURRED, AND SAVE AND PRINT SCREENSHOTS, EMAILS, AND TEXT MESSAGES.

How can I stay safe?
 MAKE SURE YOUR PRIVACY SETTINGS ARE SET SO THAT ONLY PEOPLE YOU KNOW AND TRUST CAN SEE WHAT YOU POST. NEVER GIVE OUT PERSONAL INFORMATION ONLINE, SUCH AS IN PUBLIC PROFILES, CHAT ROOMS OR BLOGS, AND AVOID FURTHER COMMUNICATION WITH THOSE SENDING THE MESSAGES. KEEP AWARE OF FAKE PROFILES AND INTERNET USERS PRETENDING TO BE SOMEONE THAT THEY ARE NOT.

What is online bullying?
 ONLINE BULLYING – ALSO KNOWN AS CYBERBULLYING – IS BULLYING THAT TAKES PLACE ON THE INTERNET OR VIA ELECTRONIC DEVICES AND MOBILE PHONES. IT CAN INCLUDE:

1. SENDING SOMEONE MEAN OR THREATENING EMAILS, DIRECT MESSAGES OR TEXT MESSAGES
2. HACKING INTO SOMEONE'S ONLINE ACCOUNT
3. BEING RUDE OR MEAN TO SOMEONE WHEN PLAYING ONLINE GAMES
4. POSTING PRIVATE OR EMBARRASSING PHOTOS ONLINE OR SENDING THEM TO OTHERS
5. CREATING FAKE SOCIAL MEDIA ACCOUNTS THAT MOCK SOMEONE OR TRICK THEM
6. EXCLUDING SOMEONE FROM AN ONLINE CONVERSATION OR BLOCKING THEM FOR NO REASON

BE KIND ONLINE
 BEFORE PRESSING 'SEND' ON COMMENTS, ASK YOURSELF THESE 3 QUESTIONS...

1. WHY AM I POSTING THIS?
2. WOULD I SAY THIS IN REAL LIFE?
3. HOW WOULD I FEEL IF SOMEBODY SAID THIS TO ME?

National Online Safety
 #WakeUpWednesday

Spring SEND Termly Update

We are pleased to announce the launch of Provision Map, an innovative piece of software that allows us to share children's SEN Learning Plans with you at home. This tool will enable you to have a better understanding of your child's individual needs and progress. We kindly ask for your patience as we familiarise ourselves with this new system. In the near future, Provision Map will also allow parents to make written comments or contributions to the plan, further enhancing our collaborative efforts.

Our staff have also been actively participating in training programmes to enhance their understanding and support of neurodiversity. Recently, our teaching staff received invaluable training from the National Autistic Society, focusing on strategies to support children with Autism Spectrum Disorder (ASD). In addition, our support staff had the privilege of training with Freemantles Outreach, a renowned specialist school specialising in ASD. This training has equipped our staff with a wide range of strategies to provide strategies to support children with ASD within the classroom setting. We would also like to highlight the National Autistic Society which offers exceptional, free parenting courses and details of these can be found on our website.

We are also pleased to share with you that three of our fabulous support team have completed their ELSA training this term. ELSA stands for emotional literacy support assistant and it is a structured 6-week intervention designed specifically to help children with their emotional well-being. In order for someone to assume the role of an ELSA, they must have attended a full ELSA training course and regularly participate in supervision groups led by educational psychologists. The primary objective of ELSA is to aid the development and enhancement of various emotional skills such as: social skills, awareness of emotions, self-esteem, and fostering friendships. Typically, these sessions take place once a week and last between half an hour to an hour. Please note that ELSA is not intended to be a permanent fixture within a child's support system, it is a time bounded structured intervention.

As a reminder, please do visit our school website to view the extensive range of resources on the SEND pages. These cover various aspects of well-being, emotions, mindfulness and dealing with worries and will soon also include resources specifically dedicated to promoting healthy sleep patterns. We will update these pages, so we encourage you to check them regularly for new additions.



