



## Unit Vocabulary –

Guru	Spiritual teacher- There are ten gurus of Sikhism.
Guru Nanak Ji	The founder of Sikhism- he is not worshipped as a god.
Guru Granth Sahib	The Sikh Holy book.
Gurdwara	Sikh place of worship.
The Langar	The Langar is a shared meal offered free to anyone after each service of worship at the Gurdwara.
Divali	This is a festival remembering the story of Guru Hargobind. Divali is a time for giving and receiving gifts – traditionally, sweets and dried fruit are exchanged.
Vaisakhi Festival	Remembers the beginning of the Khalsa. Sikh communities celebrate festivals by holding public processions and sharing their joy with other communities.
Nishan Sahib	The orange flag outside every Gurdwara
sargun	The belief that God is everywhere and in everything
nirgun	The belief that God is above and beyond everything.
5Ks	Five physical symbols of faith worn by Sikhs.
SEWA	Selfless service. It involves helping others without any reward or personal gain
Some of the names for God: Waheguru Sath Nam Akal Purakh	(Wonderful Teacher) (Eternal Reality) (Eternal One)
Mool Mantar	The Mool Mantar is the Sikh statement of belief. It contains the key beliefs about Waheguru (e.g. there is only one God).

## Key beliefs:

Sikhs believe that:

- \* there is only one God;
- \* God cannot be described as either male nor female;
- \* God is both **sargun** and **nirgun**;
- \* God created the world and created people to know the difference between right and wrong;
- \* all people are equal

- \* Sharing is an important part of the Sikh faith.
- \* The Suru Granth Sahib gives three rules to live by. Meditation & prayer; earn an honest wage and share with others in need and treat everyone equally.
- \* SEWA- selfless service.
- \* Sikhs believe they have responsibility to live a good life and challenge in justice like the Gurus did.

## The 5Ks



## The Guru Granth Sahib:

- \* Contains the messages of all the Gurus.
- \* Covered by a rumala when not in use.
- \* Contains 5867 **shabads**, which were written by six of the ten Gurus.
- \* The chaur is made from yak's hair. It is waved over the Guru Granth Sahib as a sign of respect.

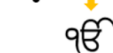


## The Ten Gurus:

Guru Nanak, Guru Angad, Guru Amar Das, Guru Ram Das, Guru Arjan, Guru Hargobind, Guru Har Rai, Guru Harkrishan, Guru Tegh Bahadur and Guru Gobind Singh.



Sikhs worship **One Eternal God, Waheguru (Wondrous Lord)** & follow the teachings of the **Ten Gurus in the Guru Granth Sahib**.  
**Equality** is very important to Sikhs.



**"Ik Onkar":** "God is One; humanity is one."  
Waheguru created humans to live equally in the world.



**Guru Nanak Ji**, first Guru & founder, rejected inequality of any sort.



Everyone is welcome in the **Gurdwara**. All are equal.



The **langar** serves vegetarian food, so that anyone can eat it. Everyone has an equal seat.

## Links with other religions:

- Kindness to others (Christianity)
- Celebration of festivals through gift giving: Christmas (Christianity); Hanukkah (Judaism); Diwali and Pancha Ganapati (Hinduism); Eid (Islam)
- Sharing money (SEWA) – Zakat (Islam); Dana (Hinduism); Tzedakah (Judaism)