

Date of Policy: Summer 2024

Review date: Summer 2025

Relationships, Health and Sex Education Policy

Our Christian Vision

Every member of Waverley Abbey is a child of God who learns to live a life of love, compassion and hope within our school family on their way to fulfilling their God-given potential. We want children to leave having grown in faith and courage and established on their spiritual journey.

Waverley Abbey Values

- *Hope*
- *Courage*
- *Love*
- *Honesty*
- *Compassion*

All things are possible for one who believes. Mark 9:23

As a Church of England school, we undertake to follow the principles in the Church of England Charter for faith sensitive and inclusive relationships education, relationships and sex education (RSE) and health education (RHSE).

Introduction

All schools must provide a curriculum that is broadly based, balanced and meets the needs of all pupils. Under section 78 of the Education Act 2002 and the Academies Act 2010, a RHSE curriculum:

- Promotes the spiritual, moral, cultural, mental and physical development of pupils at the school and of society, and
- Prepares pupils at the school for the opportunities, responsibilities and experiences of later life.

An amendment to the Children and Social Work Act 2017 made **Relationships and Health Education** at primary school a statutory subject from September 2020.

At Waverley Abbey Junior School we follow the Jigsaw Programme which covers all aspects of Relationships, Sex and Health Education (RHSE) within the context of a full PSHE programme in an age-appropriate way.

A guide to inter-agency working to safeguard and promote the welfare of children, March 2013 and **Keeping Children Safe in Education, 2023**) and [equality](#) (Equality Act 2010: Advice for school leaders, school staff, governance, revised June 2014). It also draws on the advice given in the [Church of England](#) document 'Valuing All God's Children: Guidance for Church of England schools on challenging homophobic, biphobic and transphobic bullying' (Church of England Education Office, [second edition updated summer 2019](#)).

Aim

To provide pupils with the knowledge, understanding, attitudes, values and skills they need in order to reach their potential as individuals and within the community.

Pupils are encouraged to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of their school and communities. In doing so they learn to recognise their own worth, work well with others and become increasingly responsible for their own learning. They reflect on their experiences and understand how they are developing personally and socially, tackling many of the spiritual, moral, social and cultural issues that are part of growing up.

They learn to understand and respect our common humanity; diversity and differences so that they can go on to form the effective, fulfilling relationships that are an essential part of life and learning.

Our Intentions:

RHSE will support the development of the skills, attitudes, values and behaviour, which enable pupils to:

- Have a sense of purpose
- Value self and others
- Form relationships
- Make and act on informed decisions
- Communicate effectively
- Work with others
- Respond to challenge
- Be an active partner in their own learning
- Be active citizens within the local community
- Explore issues related to living in a democratic society
- Become healthy and fulfilled individuals

Jigsaw covers:

Term	Puzzle name	Content
Autumn 1:	Being Me in My World	Includes understanding my place in the class, school and global community as well as devising Learning Charters
Autumn 2:	Celebrating Difference	Includes anti-bullying (cyber and homophobic bullying included) and diversity work
Spring 1:	Dreams and Goals	Includes goal-setting, aspirations and resilience building
Spring 2:	Healthy Me	Includes drugs and alcohol education, self-esteem and confidence as well as healthy lifestyle choices (on and off line)
Summer 1:	Relationships	Includes understanding friendship, family and other relationships, conflict resolution and communication skills
Summer 2:	Changing Me	Includes Sex and Relationship Education in the context of looking at and managing change

RHSE has clear links with other school policies aimed at promoting pupils' spiritual, moral, social and cultural development.

- Anti-Bullying Policy: The Church of England document "Valuing all God's Children", 2019,

Pupils at Waverley Abbey should be confident that if they report bullying it will be taken seriously.

- Behaviour Policy

- External visitor Policy
- Drug and Alcohol Education Policy
- Equal Opportunities Policy
- Health and Safety Policy
- Safe Internet Use Policy
- Inclusion Policy
- RE Policy
- Safeguarding/Child Protection Policy

The role of the Headteacher and Good Shepard Trust

It is the responsibility of the Headteacher at Waverley Abbey to ensure that:

- all pupils make progress in achieving the expected educational outcomes in regard to RHSE;
- RHSE is well led, effectively managed and well planned;
- the quality of RHSE provision is subject to regular and effective self-evaluation;
- teaching is delivered in ways that are accessible to all pupils with SEND;
- clear information is provided for parents on the subject content and the right to request that their child is withdrawn; and,
- the subjects are resourced, staffed and timetabled in a way that ensures that the school can fulfil its legal obligations

Parents have been informed of their right to withdraw their child from sex education and have the opportunity to do so by contacting the Headteacher in writing.

Monitoring and Review

The Local Committee monitor the RHSE policy on an annual basis.

RHSE Content

See Waverley Abbey progression document

Withdrawal from RHSE lessons

Parents/carers have the right to withdraw their children from Sex Education provided at school included within Statutory Relationships and Health Education. Those parents/carers wishing to exercise this right are invited in to contact the head teacher *in writing* to meet and discuss any concerns and any impact that withdrawal may have on the child. Once a child has been withdrawn they cannot take part in the specific sex education lessons until the request for withdrawal has been removed. Parents and carers cannot withdraw from any aspect of Relationships and Health Education lessons covering the changing adolescent body (puberty).

Health Education including substance education, mental health education and safety education

Effective Health Education can make a significant contribution to the development of the personal skills needed by pupils as they grow up. It also enables young people to make responsible and informed decisions about their own and others' health and well-being.

At Waverley Abbey this reflects the school ethos and demonstrates and encourages the following values. For example:

- Respect for self
- Respect for others
- Responsibility for their own actions
- Responsibility for their family, friends, schools and wider community

Waverley Abbey C of E Junior School teaches/organises RHSE:

- Who is responsible for delivery: RHSE lead
- Who is responsible for monitoring and evaluation: RHSE lead and Senior Leadership Team

Safeguarding

Teachers are aware that sometimes disclosures may be made during RHSE lessons; in which case, safeguarding procedures must be followed immediately. Sometimes it is clear that certain children may need time to talk one-to-one after the lesson closes. It is important to allow the time and appropriate staffing for this to happen. If disclosures occur, the school's safeguarding and/or confidentiality policy is followed.

Monitoring and evaluation

The RHSE subject lead will monitor delivery of the programme through observation and discussion with teaching staff to ensure consistent and coherent curriculum provision.

Evaluation of the programme's effectiveness will be conducted on the basis of:

- Pupil and teacher evaluation of the content and learning processes
- Staff meetings to review and share experience

Involving parents and carers

The school believes that it is important to have the support of parents, carers and the wider community for RHSE. Parents and carers are given the opportunity to find out about and discuss the RHSE programme through:

- * Meet the teacher – autumn term
- * Parents' evening appointments – autumn and spring term
- * Before children are due to take part in Sex Education, parents are offered the opportunity to view all videos and meet with Year Leads