



# HIGH-ENERGY GAMES, FITNESS & FUN!

Where brains and bodies grow together

**BODY  
KNOWLEDGE**

**NUTRITION  
FACTS**

**ACTIVE  
LEARNING**

**MULTI  
SKILLS**

Brought to you by



**PLAY. GROW. GO**

*GO Kids is the club where children play games that teach lifelong healthy habits.*

*Every session combines active multi-skills with cool facts about how their bodies work and how nutrition fuels them.*

**Secure your  
spot today!**



**BOOK HERE**