



Problem - Solution



HOW BIG IS MY PROBLEM?



5

Emergency

I CAN: Shout, scream
Call for help, be loud

Fire, broken bone,
someone trying to hurt
you, blood, danger



Hurt, bleeding, very sad

4

Gigantic Problem

I CAN: Cry, tell an adult,
Talk about it



Feeling ill, argued with friend, someone
is being mean, I need space

3

Medium Problem

I CAN: Tell an adult, say sorry,
take a breath, use my words to
ask for space



2

Little Problem

Share, take turns, use sand time



Stuck on something, wanting the toy
someone else has left

1

Glitch

Help a friend, tell an adult



Sitting on the chair you don't like, have the bowl you
don't like, there is no more food left