



# Stepping Up for Autism

A **FREE** course for parents and carers

**An 8 session course** over 2hrs a week for 8 weeks, for parents and carers of children who live in Surrey, with or without an Autism diagnosis. Our course provides practical advice, information and strategies to help you understand your child and support their needs.

To register for a place please email:

 [surrey.familysupport@nas.org.uk](mailto:surrey.familysupport@nas.org.uk)

# Stepping Up For Autism Course Details

## For Parents of Children aged 0-18 yrs.

Sessions include:

Understanding Autism

Sensory Differences

Communication and Visual Supports

Understanding and Supporting Behaviour Part 1

Understanding and Supporting Behaviour Part 2

Understanding and supporting Transitions

Understanding and Supporting Social Interaction

Puberty and helping your child understand their Autistic Identity

### **PLACES MUST BE BOOKED**

Please email us to register and book a space.



**Surrey.FamilySupport@nas.org.uk**



**01483 521744**



**National  
Autistic  
Society**