

HOW ARE YOU FEELING?



→ WHY? ←

WHAT IS ONE THING YOU'LL DO TO
BE NICE TO YOURSELF?
(YES. YOU DO DESERVE GOOD THINGS.)

DATE:



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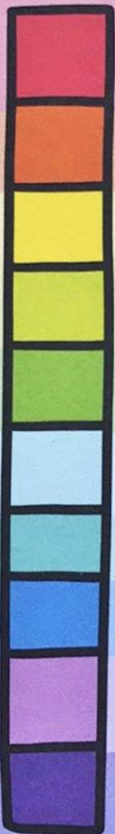
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